



## **CALGARY INTER-FAITH FOOD BANK SOCIETY**

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### **Canstruction® Calgary**

On behalf of the Calgary Inter-Faith Food Bank, I would like to encourage you to participate in Calgary's 5<sup>th</sup> annual Canstruction® event in February 2010.

This unique and fun competition will bring together Calgary's engineers, architects and contractors and help many Calgarians facing food insecurity.

For 27 years the Calgary Food Bank has provided emergency food to hungry Calgarians. The Calgary Food Bank was initially created to meet the needs of people suffering financial strain due to fallout in the oil & gas industry. We are neither a Government nor a United Way agency and are supported solely by the generosity of the community through donations of food, funds and time.

Canstruction® will allow us to assist Calgarians in crisis by providing families with nutritionally-balanced food hampers up to six times per year. Approximately 42 percent of our clients request one Emergency Hamper per year and up to 86 percent only require our services two or three times before they regain their stability. Last year we helped over 89,000 people of which 43 percent were children. Since September 2008 our clients have increased 40% due to the current economic climate.

We have strong partnerships with over 80 not-for-profit agencies through our bp Food Link Program and more than 100 community agencies to help people in need.

We are delighted that Canstruction® will take place again in our city.

I encourage you get involved by organizing a team and supporting this worthwhile event.

Sincerely,

Monica Brinck  
Organizational Giving